

Food Poverty Fund – 2021-2022
 Report Author: JonHancock@carmarthenshire.gov.uk
 Tel: 01269 590216
 Funds Available: £40,719.94
 Capital - £28,635.95
 Revenue - £12,083.99

Report Value: £18,920.86

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Application Reference: FPF-21-14

Project Title	Home Gardening Project
Applicant	CETMA
Ward	Tyisha
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provision to meet the anticipated increase in demand
Project Description	<p>The Home Gardening Project will provide volunteers with a space where they can learn about improving their all-round general wellbeing by growing healthy and nutritious food.</p> <p>The aim of the project is to encourage people to start growing their own food and provide members of the community with fresh food. Volunteers will also learn how to preserve food to make it last longer.</p> <p>Project coordinators understand that foodbanks are only temporary measures when it comes to combatting Food Poverty, which is why they are looking at other solutions such as grow your own.</p> <p>A specific plot of land is available for volunteers to learn about growing food together with the space to run sessions for members of the community and local organisations.</p> <p>The fund will help to part fund a project officer for a period 12 months who will be responsible for recruiting and training volunteers in aspects of growing. The purchase of a range of equipment, to include storage apparatus, compost, plants, and general consumables.</p>
Outcomes	<p>Number of individuals reached:</p> <ul style="list-style-type: none"> • How many families - 20 • How many single people - 5

	<ul style="list-style-type: none"> • How many homeless people – 6 <p>Additional outcomes:</p> <ul style="list-style-type: none"> • Number of people receiving skills or training – 24 • Jobs created – 1 • Safeguarding – 0
Total Project Cost	£ 7,230.00
Eligible Capital	Gardening Equipment inc strimmer - £600 Storage - £2,000
Eligible Revenue	Project Officer - £2,730 Volunteer Training - £600 Expenses (trips, mileage etc) - £400 Compost/soil - £300 Plants - £200 Consumables (gloves, pots etc) - £400
Ineligible costs	N/A
Total Grant requested	£7,230.00
Match funding (if applicable)	NIL
Cllr and Officer Consultations Undertaken	Cllr. Suzy Curry and Cllr. Andre McPherson
Contributing to key Strategies	<ul style="list-style-type: none"> • Help people live healthy lifestyles • Tackling poverty by preventing it, helping people into work, and improving the lives of those living in poverty • Help to give every child the best start in life and improve their early life experiences • Promoting Welsh language and culture
Ownership/Lease	Lease
Officer Comments	CETMA has a management and support network already in place for helping volunteers to maintain the growing areas and they always recruit community volunteers and utilise local work experience projects such as kickstart to support us. Also, the group has a fundraising strategy in place which helps with running costs of projects when needed.
Recommendation	Award £7,230.00
Subject to:	

Application Reference: FPF-21-15

Project Title	Good Enough to Eat!
Applicant	Llandovery Youth and Community Centre
Ward	Llandovery
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provision to meet the anticipated increase in demand
Project Description	<p>During the current pandemic the Centre has been running a Help Llandovery Facebook page and enlisted over 70 volunteers to deliver groceries, prescriptions, post mail, etc. They have also been running a much-needed foodbank which has help to support many families in need. This has meant we have a greater understanding of the needs of the local community and this project would aim to meet some of those needs in respect of food poverty.</p> <p>A demonstration of the food poverty situation in Llandovery is that over the last 12 months the foodbank at the LYCC has supported an average of 98 people each week. The Centre also acts as a receiving point for people to collect their purchases of food boxes at reduced prices from the CBSA.</p> <p>The Community Centre has a garden area to the rear of the building with a workshop and beehive. Volunteers tend the garden, but the group would like to run specific courses for vegetable gardening/cookery for members of the local community. They have included dual-fruit trees in this application so that people can see how it is possible to produce fruit in very small spaces.</p> <p>The garden area includes a beehive which is excellent for making people aware of the importance of bees. A camera to be placed next to the beehive to record their activity would further develop the work they are doing in this respect. Some additional bee suits would enable participants on the course to experience the beehives close.</p> <p>The group would like to run 12 x 4-hour sessions to encourage additional people other than those who attend the Centre to join in gardening and cookery sessions, utilising vegetables/fruit grown in the LYCC garden promoted via their foodbank.</p> <p>In addition, they run a Getaway After School Club for children aged 9+ and Youth Club for young people aged 11+. They would use the extra equipment with them to encourage them to be involved with growing edibles and</p>

	<p>cooking them afterwards and thereby influencing their families. The group work with 95 children and young people in the Centre.</p> <p>The addition of a greenhouse would make it possible to plant seeds in the autumn and then plant out in the spring. It could also be used to over-winter plants. It would be an excellent resource to encourage people to see gardening as an all-year round activity.</p>
Outcomes	<p>Number of individuals reached:</p> <ul style="list-style-type: none"> • How many families - 40 • How many single people - 20 • How many homeless people – 2 <p>Additional outcomes:</p> <ul style="list-style-type: none"> • Number of people receiving skills or training – 55 • Number of volunteers - 20
Total Project Cost	£3,976.40
Eligible Capital	<p>Child Safe Water Butts - £82.57 Polycarbonate Greenhouse - £472.98 Heavy Duty Hand Trowels - £30.30 Forks and Spades - £115.40 Wheelbarrows - £91.98 Roof Shelter - £1620 Dual Fruit Trees - £50.96 Beekeeping Suits - £422.62 Chopping Board - £32.14 Aprons - £82.50 Baking Tins - £49.95 Nature Watch Camera - £149.00</p>
Eligible Revenue	<p>Compost - £100.00 Seeds and Plants - £100.00 Garden Tutor – 48 hours @ £12 (12 x 4-hour sessions) - £576.00</p>
Match funding (if applicable)	Nil
Total amount of Grant requested	£3,976.40
Cllr and Officer Consultations Undertaken	Cllr. Handel Davies – Llandovery
Contributing to key Strategies	<ul style="list-style-type: none"> • <i>Child Poverty Strategy for Wales</i> - Helping children to have the very best start in life and improve their early life experiences • Supporting and educating families to the benefits of a healthy diet and make them more aware of the value of eating fresh vegetables and fruit

	<ul style="list-style-type: none"> • Offering parents and young children essential skills to make simple and yet significant changes which can impact the health and wellbeing of families now and when children are adult • Growing projects are intergenerational and encourage community involvement – Cohesive Communities • A prosperous and Healthier Wales (WBFGA)
Ownership/Lease	Owned
Officer Comments	<p>This project will encourage its communities and demonstrate how they can grow their own food, cook from 'scratch' using their own produce and supplement family budgets, therefore reducing the need for people to live in food poverty.</p> <p>It demonstrates long term sustainability, with staff from the centre and after school club being involved in the projects upkeep as well as being able to generate a small income from the produce, they grow that can go towards the maintenance. A newly opened restaurant in Llandovery which is owned by an investment company heard of the good work undertaken by the Centre and now provides food worth £1,500 each month to add to the foodbank.</p>
Recommendation	Award £3,976.40
Subject to:	

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Application Reference: FPF-21-16

Project Title	Gyda'i gilydd.
Applicant	Swper.box CIC
Ward	Carmarthen Town South
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provisional to meet the anticipated increase in demand
Project Description	<p>The organisation has independently, and in collaboration, run various schemes in the past to support food poverty in the area. Collectively they have observed key issues in the schemes and projects they have previously run and created a suitable strategy.</p>

	<p>The aim of this strategy is to firstly tackle the lack of representation in local and healthy food within the food bank/low-income supply chain. Key elements of the strategy are:</p> <ul style="list-style-type: none"> - To take local surplus and donated food and turn it into accessible ready meals. - Start the roll-out of already created community food education programme. - Create bulk set meals weekly of nutritious and healthy ready meals as access points. <p>Meals will be easily available from non-stigmatised, normalised environments such as Nurture’s Café. Revenue from this will enable further investment and sustainability. Meals will also be available by a community freezer accessible by all. These meals will be accessible and free for all those in need, operating with a pay-as-you can system like the above cafe meals, utilising the both local food and fresh food surplus extending the shelf-life to 3 months and distributed across 6 food banks/hubs in the county.</p> <p>Community food education will be available to both the target end user and community leads, with subscriptions available to cooking classes as well as a weekly veg box. There will also be a chance to volunteer in a meal prep kitchen and develop skills related to food sourcing and recipe development.</p>
Outcomes	<p>Number of individuals reached:</p> <ul style="list-style-type: none"> • How many families - 100 • How many single people - 200 • How many homeless people – 35 <p>Additional outcomes:</p> <ul style="list-style-type: none"> • Number of people receiving skills or training – 150 • Number of volunteers - 10 • Jobs safeguarded – 2
<p>Total Project Cost</p> <p>Eligible Capital</p> <p>Eligible Revenue</p> <p>Match funding (if applicable)</p> <p>Total amount of Grant requested</p>	<p style="text-align: center;">£6,230.89</p> <p style="text-align: center;">Food containers - £136.70 Freezer - £1,414.19</p> <p style="text-align: center;">Chefs to create ready meals - £3,120.00 (12 hours x 20 weeks x £13 per hour)</p> <p style="text-align: center;">Cooking Classes and Meal Development Plan - £1,560.00 - £156 per session 16 hours @ £13p/hour) x 10 sessions</p> <p style="text-align: center;">Nil</p> <p style="text-align: center;">£6,230.89</p>

Cllr and Officer Consultations Undertaken	Cllr. Gareth John and Cllr. Alun Lenny
Contributing to key Strategies	<ul style="list-style-type: none"> • <i>Child Poverty Strategy for Wales</i> - Helping children to have the very best start in life and improve their early life experiences • Supporting and educating families to the benefits of a healthy diet and make them more aware of the value of eating fresh vegetables and fruit • Live-Well objectives – tackling poverty, creating more jobs and growth throughout the county and help people live healthy lives • Carmarthenshire Community Nutrition Strategy 2015
Ownership/Lease	N/A
Officer Comments	This project and application are made by, Swperbox CIC, pioneering and award-winning social enterprise - Working Towards a Healthier Wealthier and Greener Wales. This project will encourage its communities and demonstrate how they can grow their own food, using good quality nutritious food to establish a baseline for healthier eating habits and engage with people at low access points.
Recommendation	Award £6,230.89
Subject to:	

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Application Reference: FPF-21-17

Project Title	Learn to Grow
Applicant	South Cefncaeau (Ty Enfys) Family Centre
Ward	Llwynhendy
Food Poverty Criteria	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> • Increasing the level of support available and improving the level of coverage across the county. • Extending opening hours to include some evening and weekends • Improving the nutritional value of provisions being provided • Educating the community on the importance of good nutrition, healthy eating and reducing wastage • Establishing sustainable provision to meet the anticipated increase in demand
Project Description	<p>The centre aims to inspire an intergenerational group and their Junior and Youth clubs, to develop a grow space in the garden of the Family centre.</p> <p>The group will also work with Llanelli Men's Sheds to build themselves and the Family Centre a raised planting bed each (under 18's will have 'flat packs' to construct at the Centre) and then they will learn how to grow vegetables, herbs, and fruits. They will gather seeds from their first crop to</p>

	<p>use in following years. They will be provided with lessons on nutrition, preparation and cooking of produce.</p> <p>Additionally, they will participate in inventive lessons that will excite and inspire, such as making tasty popcorn from their very own grown corn! The centre will choose a local 'grow space' in Carmarthenshire to visit for inspiration. Participants will eventually progress to grow produce at home and/or work on a plot in the local Dwyfor Allotment. They will learn how to plan tasks, produce, and work within a budget, and to build, grow and cook foods.</p> <p>They will encourage skills sharing by inviting local community volunteers to join the group and show participants how they grow. The participants will eventually be able to pass on the useful skills they have learnt to their family and friends.</p>
Outcomes	<p>Number of individuals reached:</p> <ul style="list-style-type: none"> • How many families - 50 • How many single people - 150 • How many homeless people – N/A <p>Additional outcomes:</p> <ul style="list-style-type: none"> • Number of people receiving skills or training – 75 • Number of volunteers - 10
Total Project Cost	£1,483.97
Eligible Capital Items	<p>Garden tools - £358</p> <p>Planting raised beds - £580 (500 + 80 for insurance by Men's Sheds)</p> <p>Growing aids - £289</p> <p>Health and Safety equipment - £256.97</p>
Match funding (if applicable)	Nil
Total amount of Grant requested	£1,483.97
Cllr and Officer Consultations Undertaken	Cllr. Fozia Akhtar and Cllr. Sharen Davies – Llwynhendy
Contributing to key Strategies	<ul style="list-style-type: none"> • <i>Child Poverty Strategy for Wales</i> - Helping children to have the very best start in life and improve their early life experiences • Offering children and young adult's essential skills to make simple and yet significant changes which can impact the health and wellbeing of families now and when children are adult • Growing projects are intergenerational and encourage community involvement – Cohesive Communities • Mental Health – huge part of CCC's well-being goals
Ownership/Lease	Leased - CCC

Officer Comments	The group have secured funding from the Community Lottery than will ensure they are able to continue paying for the core costs until December 2023 and BBC Children in Need funding until May 2024.
Recommendation	Award £1,483.97
Subject to:	N/A